

Snack policy

It is the policy of Victoria Nursery Unit to provide a snack for each child daily.

- To encourage healthy eating, the snack will consist of a drink of milk, water or juice and a piece of fruit, toast, yoghurt, crackers, wheaten bread, cheese, crisps, biscuits etc.,
- The children will have a choice of drink and two foods.
- Snack time will be informal. The milk and food will be set on the snack table and the children will be encouraged to approach when they wish, in order that play is not disrupted and independence encouraged.
- Throughout the year the children will be encouraged to help with the preparation of the food where possible.
- The children will register for snack by selecting their name card with symbol. As they begin to recognise their name the symbol should be removed.
- To complete the routine the children will be encouraged to place the cups in the basin and rubbish in the bin.